

Metique tea tree oil products

Wave Goodbye to Whiteheads!

I hate spots. Who doesn't? If you're a regular reader of my blog you'll know that I'm spot prone and my skincare routine is completely focused on trying to keep my skin as spot free as possible. So I was really grateful when Jenny from Metique, a brand of Australian Tea Tree Oil products, offered to send me a bottle of their 10% Blended Tea Tree Oil (25ml) to try as a spot treatment. Tea tree oil is a natural ingredient and well known for its antiseptic and anti-inflammatory properties, therefore its treatment of spots, yet I've never actually tried it! Metique 10% Blended Tea Tree Oil also contains Vitamin C, Vitamin E and aloe vera.

All Metique products come gift wrapped and with free samples. I was so impressed by the packaging, it's so thoughtful and gives the product that personal touch. I didn't expect the samples either, so that was a nice surprise!



**METIQUE 10% Blended TEA TREE OIL
EASY STEP TO HEALTHY SKIN.**

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METIQUE® - the Specialists in Tea Tree Oil Products

I'm your average 25 year old gal blogging about my main hobby spending far too much money on makeup and skincare!



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Metique 10% Blended Tea Tree Oil is a milky coloured liquid, with one of those thin, narrow dispensers so the liquid is released in controlled droplets. I've been using it at night over the last few weeks, applying it directly onto spots - you really don't need a lot!

So does it work? For me, this product is most impressive on whiteheads. It dries up whiteheads so effectively, they are reduced significantly overnight. If you have one of those spots that is just a little red lump to start with, but you can see that little dot of white threatening to get bigger and bigger, this stops the whitehead forming any more. The spot doesn't completely disappear - the actual red bump takes longer to go, but you won't have to put up with the horrible white top for very long. When it comes to those large, lumpy spots though, I do find that I need to use my Dermalogica Overnight Clearing Gel for a little extra oomph.

The Verdict

Metique 10% Blended Tea Tree Oil is a great little product that really does work, especially on whiteheads! It's not a miracle worker and I'm not sure that it works any quicker on clearing other spots than other products I've tried, but it only costs £7.14 so I will definitely buy this myself when it runs out. Though I think this will last me for absolutely ages! It's a multi-tasking product too, so I can use it on bites, stings and scratches as well!

To visit the Metique website to see their full range of Australian Tea Tree Oil products, click [here](#). I noticed they have a 10% Autumn discount on at the moment too!

What's your spot saviour? Have you ever tried a tea tree oil product to shift spots?



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