

## Fungal Nail Infection - According to the NHS Statistics around 3 in every 100 people in the UK are affected.

- Approximately half of all nail problems are put down to a fungal infection.
- Fungal nail infection is approx four times more common in toenails than fingernails.
- This can effect part or all of the nail, including the nail plate, nail bed and root of the nail.
- Fungal nail infection usually affects adults, and men more than women.
- Fungal nail infections becomes more common as you get older.

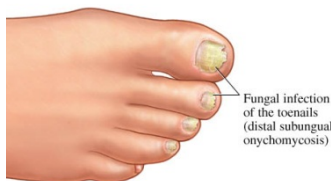
### The type of fungi

Several types of fungus cause nail infections.

- Athlete's foot is a fungal skin infection of the toes that easily spreads to the toenails.
- Candida is a yeast that can cause an infection of the skin around the nails (usually the fingernails).

### The way forward

Fungal nail infection usually looks unpleasant, but it does not always cause pain or any other symptoms. The nail infection can be treated and usually cured, but treatment can take several months. The key is to look after your nails.



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**FORMULATED WITH VITAMIN E & PARABEN FREE**  
**OUR EASY STEPS TO FUNGAL FREE FEET**

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Are looking for a natural solution to treat Fungal Nail Infection's without any nasty side effects? Look no further, METIQUE Natural Australian Tea Tree Oil Products are here to help. Tea Tree Oil (Melaleuca alternifolia) has many properties to boast about. Tea Tree Oil provides the strongest natural broad-spectrum antiseptic known to man, the oil possessing the following qualities, bactericidal, fungicidal, antiviral, anti-inflammatory & anaesthetic qualities.

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## Fungal Nail Infection - What the NHS has to say.....



- You may not need any treatment if your fungal nail infection is mild.
- However, if you do not treat the infection, there is a chance it will spread to other nails.
- Serious fungal nail infections need to be treated.
- The main treatments are: antifungal tablets, and
- antifungal nail paints.
- Your pharmacist or GP will advise you whether you need treatment, and if so, which type you need.

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From talking to our customers many of them have not had success with chemical or tablet solutions. The tablets have upset their stomachs and they do not want to use a chemical treatment for long periods of time.

One thing we both agree on is it is a fungal infection causing the problem and hygiene is very important.

**METIQUE TEA TREE OIL PRODUCTS**  
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**OUR EASY STEPS TO FUNGAL FREE FEET**

1. Wash feet with Metique Sulphate Free 5% Australian Tea Tree Oil Hygienic Skin Wash.
2. Apply Metique 100% Australian Tea Tree Oil Morning and Night a few drops on each toe - as a preventative apply to healthy toe nails.
3. Apply Metique 5% Australian Tea Tree Oil After Wax Lotion to keep the skin soft, healthy and free from hard skin.