

REVIEW 9 MAY 2012

A few years ago a friend introduced me to tea tree oil, nature's weapon against bacterial, viral and fungal organisms. Upon laying my eyes and nose on this essential oil, it was not love at first sight. The pale yellowish colour and the strong clean, fresh medicinal aroma were quite overpowering but my friend assured me this is the must-have in skincare and so my journey with tea tree skincare products started.

For years I have been using tea tree oil products from a well-known natural beauty brand until I was introduced to [Metique](#), a British skincare company that produces [paraben free products](#) scientifically formulated with natural Vitamin E, clearly spelling out that hygiene and wellbeing are their top priorities! Those in the *know*, will know that tea tree oil is a very powerful and popular acne remedy. Its potent antibacterial and anti-fungal properties makes it highly effective at banishing acne blemishes. It is far less caustic than some acne treatments and 100% natural too. Tea tree oil products come in many forms and in 2001 the amazing Metique launched a fantastic range of products that will blow any other tea tree oil product producing company out of the water. I was lucky enough to test two of their products and this is what I found.:

Tea Tree Hygienic Skin Wash: £10.20

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Gentleman's Emporium review



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This top selling skin wash is formulated with 5% Australian tea tree oil and is sulphate free making this 250ml bottle a non-foaming, paraben free weapon against the nasties of acne. I started using it 10 days ago and I am pleasantly surprised by it! I don't have problem skin but I do get the odd spot like everyone else. True to the essential oil's characteristics, the wash has got a milky consistency and quite an overwhelming medicinal aroma. I was not sure how much I will need to use so I started out using two pumps which turned out to be more than enough.. It does however feel a little strange upon application because it's a non-foaming product and if you are not used to it, it might feel strange at first. It rinses off very easily without leaving skin feeling dry or tight and is by far a lot gentler than some other high street skincare brands. Vitamin E, the well-known natural antioxidant, helps ensure the tea tree oil stays active, promoting optimal skin hygiene. This wash is definitely suitable to use for very sensitive, dry, teenage, spot prone and dry skin. It does not dry out my skin like I have found with other products of the same type and I come out of the shower everyday with skin feeling revitalised and squeaky clean. It's a simple, glorious and natural skin wash that delivers fantastic results and to top it off, it's not expensive for the quantity you get! This really is a great everyday wash that does exactly what is says on the 'box'. **Continued over page**

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Tea Tree Oil Hand & Body Lotion £10.71

I am a fan of body lotions as there are not many things that annoy me more than dry skin so I was very excited about using the Metique Tea Tree Oil Hand and Body lotion. Enriched with 1% tea tree oil, aloe vera and Vitamin A and E; this lotion provides almost an instant soothing and cooling effect to the skin, which is what I experienced right from the very first application. It's got a white smooth body 'lotionesque' consistency and again, the medicinal fragrance is quite overwhelming however it's pure magic as it makes your skin feeling softer, smoother and completely moisturised without leaving any oily residue behind. My biggest worry was the smell as I don't wish to smell like a walking tea tree leaf but I am happy to report it does subside after a while and leaves notes of a clinical clean smell on your skin. There is nothing harsh about this lotion and it's very easy to apply all over your body. The great thing about this lotion is, it doubles up as an after shave balm that will instantly soothe your freshly shaved skin. I really love the fact that *a little goes a long way* here so 250ml's of this bad boy will last a long time. If you're after a lotion that moisturises and nourishes the skin while maintaining the skins natural, healthy balance then this one is definitely for you.

Priced just a little bit over £10, this lotion might be slightly more expensive than your average high street body lotions but it is well worth it.

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The verdict 9th May 2012

Guys, these two products are great for everyday use and if you're after something that is easy to use with powerful noticeable results than I suggest you look at Metique's tea tree oil skincare range. It's a great unisex range that packs a massive punch and you will definitely see the results.

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